

dietetic counseling menu

Private One-on-One (1 hour)

A traditional full hour of individualized personal training.

\$70 for 1 session	<i>\$70 total</i>
\$65 per session for 5	<i>\$325 total</i>
\$60 per session per 10	<i>\$600 total</i>
\$55 per session per 20	<i>\$1,100 total</i>

Partner Counseling (1 hour – 2 people)

Partner training increases commitment to a regimen.

\$95 for 1 session	<i>\$95 total</i>
\$90 per session for 5	<i>\$450 total</i>
\$85 per session per 10	<i>\$850 total</i>
\$80 per session per 20	<i>\$1,600 total</i>

Please Note:

- Packages are non-transferable and non-refundable
- Packages expire 3 months after the date of purchase
- Sessions are priced from the time the appointment was to begin
- Appointments must be cancelled 24 hours in advance

Mission Statement

The mission of our Dietetics Counseling Program is to educate and motivate individuals to achieve their health and wellness goals through personalized instruction and guidance designed to enhance results and provide improved quality of life.

